

# SIMPLE SIMON

## Carrier Instructions

### Front carry



1. Hold carrier at waist with inside facing out



2. Tie waist straps



3. Pick up child - legs around your waist or tucked under for infants



4. Bring shoulder straps up and over shoulders



5. Holding the child with one hand, reach behind and cross the straps behind your back...



... and tie under the kid's bottom or around the back!



## Hip carry



1. Tie waist strap with carrier over one hip, inside of carrier facing out



2. Bring back shoulder strap over opposite shoulder



3. Bring front shoulder strap over opposite shoulder front to back and tie straps around child's back

### For Safety's Sake:

- Always tie straps with a square knot (if you have long pieces of strap left over, you can tie a bow after the knot)
- Bend at the knees when you lift
- Do not use carrier if it shows signs of wear
- When child is on your back, be aware of what they might be able to reach!

## Back carry



1. Starting from step 2 above, slide child around to back



2. Bring shoulder straps under arms and around child's back



3. Tie straps in front at waist



[Alternate method: cross shoulder straps in front before passing them under the arms]